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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **TOUSSAINT**  **2018** | **LUNDI**  **22/10** | **MARDI**  **23/10** | **MERCREDI**  **24/10** | **JEUDI**  **25/10** | **VENDREDI**  **26/10** | **LUNDI**  **29/10** | **MARDI**  **30/10** | **MERCREDI**  **31/10** | **VENDREDI**  **02/11** |
| **INITIATION** | **Stages**  (Selon l’âge et le niveau)  **INSCRIPTIONS sur le site du club :** https://www.uscnat.fr/saison-2018-2019/actualites-du-club/stages--vacances-automne-720348 | | | | | | | | |
| **PROGRESSION** |
| **PRECOMPETITION** |
| **COLLEGE** |
| **LYCEE** |  |  |  |  |  | 19h30 – 20h30 |  |  | 19h30 – 20h30 |
| **AVENIRS COMPETITION** |  |  |  |  |  |  | 18h – 19h | 18h – 19h |  |
| **JEUNES COMPETITION** |  |  |  |  |  |  | 9h – 10h | 9h – 10h |  |
| **JUNIORS COMPETITION** | 19h – 20h30 | 8h – 10h | 19h30 – 21h | 8h – 10h | 19h30 – 21h | 18h – 19h30 | 19h – 20h30 | 19h – 20h30 | 18h – 19h30 |
| **ESPOIRS 2** | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 |
| **ESPOIRS 1** | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 17h – 18h30 | 8h – 10h  14h – 16h | 8h – 10h  14h – 16h | 8h – 10h  14h – 16h | 8h – 10h  14h – 16h |
| **EQUIPE 1** | 12 – 14h  18h30 – 20h30 | 12 – 14h  18h30 – 20h30 | 12 – 14h  18h30 – 20h30 | 12 – 14h  18h30 – 20h30 | 12 – 14h  18h30 – 20h30 | 12 – 14h  18h30 – 20h30 | 12 – 14h  18h30 – 20h30 | 12 – 14h  18h30 – 20h30 | 12 – 14h  18h30 – 20h30 |
| **MASTERS** | 8h – 9h30  19h30 – 20h30 | 8h – 9h | 8h – 9h30  19h30 – 21h | 8h – 9h | 8h – 9h30  19h30 – 21h | 8h – 9h30  19h30 – 20h30 | 8h – 9h | 8h – 9h  19h30 – 20h30 | 8h – 9h30  19h30 – 20h30 |



**VACANCES TOUSSAINT 2018**